

# Benefits

## Staff

- ◆ Spends less time settling disputes
- ◆ Decreases pressure to be a constant disciplinarian
- ◆ Reduces tensions in school and improves overall school climate

## Students

- ◆ Develop leadership skills
- ◆ Enhance language skills
- ◆ Improve academic achievement
- ◆ Increase self-esteem
- ◆ Achieve positive status among peers
- ◆ Improve communication skills
- ◆ Learn problem-solving and decision-making techniques

## Environment

- ◆ Students become active in problem-solving techniques
- ◆ Students' commitment to making solutions work increases
- ◆ Positive model for solving conflict helps prevent escalation of problems
- ◆ Conflict management encourages students to search for positive ways to meet their needs
- ◆ Students feel safer when ways to resolve conflict are accessible and academic achievement improves

Mediation Services for Anoka County collaborates with your school to provide training to Administrators, Teachers, Staff, Parents and Students (K-12).

*"I enjoy seeing peer mediators acquire leadership skills and gain confidence."*  
Student Services Advocate

## Conflict Resolution Skills enable Students and Staff to

- ◆ Clarify issues
- ◆ Listen to another point of view
- ◆ Express feelings
- ◆ Explore solutions
- ◆ Identify needs and wants
- ◆ Reach a solution that is satisfactory and workable for those involved
- ◆ Learn positive problem-solving techniques

*"It will change my whole life being a peer mediator."*  
Middle School Student



## Our youth training programs include

- ◆ Peer mediation
- ◆ Class curriculum in conflict management
- ◆ Anger management skills
- ◆ Communication skills
- ◆ Follow-up evaluation and/or training
- ◆ Peaceable Family workshop with parents

**We are here to help you resolve your disputes now. Call to find out more about mediation.**

A nonprofit agency established in 1987, Mediation Services for Anoka County has helped thousands of people with problems ranging from neighborhood disagreement to post-divorce visitation issues. Our clients include both small businesses and major corporations, cities, homeowner associations, tenants and landlords, schools, students, families and individuals.

No problem is too big or too small. Highly skilled mediators are available. We welcome your questions and are eager to show you how we can assist you in reaching reasonable resolutions to problems which arise in your business or personal life. Mediation is the fastest growing form of dispute resolution. Now you can use it too.

***Making Youth a Priority!***

# ***Youth Training Programs***

Conflict is a part of life. Mediation training gives young people the skills to resolve their own disputes for a lifetime.



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